

November 2006: Achieving Your Goals - Part Two of Two

Four Fundamental Steps to Achieving Your Goals - Part Two

Last month we discussed the first two steps. They were:

Step One: Know What You Want

"You must know what you want in order to get what you want."

Step Two: Focus on What You Want

"Take a look at your goal every day, give it positive focus and attention."

Now for the last two steps..

Step Three: Take Action Now!

You must take action towards your goal, and you must take action right now! There is no other time that you can act. The past is gone and the future is an illusion. Making plans to take action is not action, so get moving!

There is always something that you can do to propel yourself towards your goal. It doesn't matter how tiny the action is, or how insignificant you might feel it is, you must do it. There is always some small step you can take.

Take that step.

You must convince your subconscious mind that you are serious about achieving your goal. There is nothing more convincing than taking action. No matter where you are along your path to your goal, no matter how near or far you might feel to be, there is always an obvious next step you can take. Take that step in

this present moment. Right now!

If you have trouble figuring out what to do next, or are paralyzed into inaction because it seems there are too many things to do, just do this: Make a list of all the things that need to happen in order for your goal to arrive. List all the intermediary steps that you will experience as your goal begins to enter your life. Somewhere on this list will be the obvious next step. Do that one step. Do it now!

Step Four: Work Towards the Same Goal Every Day and Never Give Up

You must be consistent. You must choose the same goal every day until it is accomplished. You cannot send out constantly changing vague wishes into the universe and expect to create results in the real world.

It's as simple as ordering a meal in a restaurant. You must decide what you want and then ask for it. If you can't make up your mind the waiter will simply serve someone else until you're ready. If you do not provide the universe with a specific goal which you consistently take action toward, your "meal" will never come to you.

And the most important secret of all:

**Don't Give Up Until
Your Goal Is Accomplished!**



Contact

722 Anzac Highway, Glenelg,
South Australia 5045

Phone: 08 8376 3644

Fax: 08 8376 3655

Email: invest@properadvice.com.au

Brian Lucas

MFinPlan.CFP.Dip.FP
CPMgr.EO

brian@properadvice.com.au

Testimonials

Well presented, concise and very relevant - **J. Sherrnan, (Tyndall)**

Excellent - **S. McKenzie (Melbourne)**

Very Insightful. Well worth the effort - **S. Spezza (BNP Paribas Asset Management)**

Rewarding for me and reinforced what I've been doing over the last 8 months - **J. Triffet**

Excellent thank you - **D. Watson**

Focused Fluent and useful, thank you - **K. Hoff (Hoff Financial Solutions)**

Excellent, entertaining and well researched - **M.Northway (IOOF)**

Brilliant - **C. Kourniotis (IOOF)**