

June 2007: Four Daily Steps to Success... Part Two of Two

### Four Daily Steps to Success

#### Step Three:

Do the best that you can.

Always *do* your best, *give* your best, *be* your best, *perform* at your best - all the time, everyday. That means:

Be the best person that you can.

Be the best employee or boss that you can.

Be the best business person that you can.

Be the best husband, wife, mother, father, son, daughter that you can.

You pass through this time only once - make it a memorable one by being the best that you can. Near enough is not good enough!

If you do your best and things don't work out, well that's OK - learn from it and move on. This is how you let go - because your happiness isn't dependant on the rest of the world. When you perform your best, your mind and subconscious mind become focused on being the best and they will naturally attract the best to you - things just start to get better.

#### Step Four:

Keep An Open Mind.

Often you want things to happen a certain way, but that may not be the best option for you. Keep an open mind - you never know how you will be guided. Look at setbacks as an opportunity - to perhaps get something better, something more appropriate or to move in a new direction. Remember that you don't know all the answers already - if you did life would be better, you'd be successful, happy and incredibly wealthy!

My wife and I had been looking for a new house. We were set on one particular

house and thought this one home would be the best one for our family. Our budget was even planned around the house. Confidently we went to bid at the auction, only to be beaten by an auctioneer's error.

So we were back at the beginning - looking for a new house, only now we had no idea what we wanted. We were driving around and travelling down a road we had not been before when my wife spotted a house that she liked. The house had just been put on the market before any advertising, the agent was friendly and the house was fantastic. Instead of feeling angry and frustrated after our experience with the first house, we used the setback as an opportunity to find something better. That's what we focused upon and that's what we got.

Your subconscious mind is always guiding you to what you want and it considers your thoughts and beliefs as instructions. So keep an open mind - see everything as an opportunity to move in a new direction or to get closer to what you want.

If you close your mind you limit your own possibilities, and limiting possibilities reduces your chances of getting what you really want. It is like handcuffing your subconscious mind if you don't give it enough chances to help you succeed. When you are open to all possibilities however, you give your mind and subconscious mind more options to help you live the life you want. You trust these great partners of yours and you allow yourself to succeed and live the life you want.

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**where you can order 7 books on business coaching, hear chapters from my books and read how you can make your business a success.**



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#### Testimonials

*I found the coaching sessions, precise and informative, very impressed*

- Liesi Fimmano

*Loads of good information, I wish I had coaching 10 years ago*

- Linda Livingston

*It was all extremely relevant to my business*

- Kathleen Duggan

*Very worthwhile - relevant marketing ideas*

- Paul Ratcliffe