

July 2007: Be Thankful and Grateful

Be Thankful and Grateful

... continued

Now, a simple technique to activate that attraction inside you is the following: As you go through your day, STOP focusing on things that you consider to be detrimental and no good in your life. Instead, keep mentally repeating one or several of the good things in your life. The Laws of Attraction and the Law of Multiplication and Expansion will take care of everything else.

Even though this is simplicity itself, some may find subconscious barriers to its use. These barriers may manifest themselves as objections arising from the mind when repeating the good points of your life.

These objections could be:

“Come on, what abundance, what wealth?”

“Nonsense. You are drowning with unpaid bills”

“You repel money”

“You never have enough money” and many others..

You will be using a different TACTIC to go around the resistance of your Subconscious. You will start being thankful and grateful for anything you GENUINELY can be thankful for.

Some examples:

Thank you for my great health and vitality.

Thank you that I have a car.

Thank you that I have a roof over my head.

Thank you for my parents, brothers, sisters and friends.

Thank you because I have a job

Thank you because I have enough money to be able to eat.

Thanks for my wonderful eyes (teeth, skin, etc.)

Make certain those are things you are GENUINELY thankful and grateful for.

What you did was to train your Subconscious to accept things that were going well in your life. Your Subconscious will start accepting those statements, they will be incorporated as part of your BELIEF system and the Law of Attraction will make you attract abundance, wealth, money into your life.

Practice these techniques for the next THIRTY (30) days and you will notice improvements in your life. These improvements will be gradual. They will get bigger and bigger, greater and greater as each day goes by. And you will be very happy you learned this very simple technique.



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Testimonials

I found the coaching sessions, precise and informative, very impressed

- Liesi Fimmano

Loads of good information, I wish I had coaching 10 years ago

- Linda Livingston

It was all extremely relevant to my business

- Kathleen Duggan

Very worthwhile – relevant marketing ideas

- Paul Ratcliffe